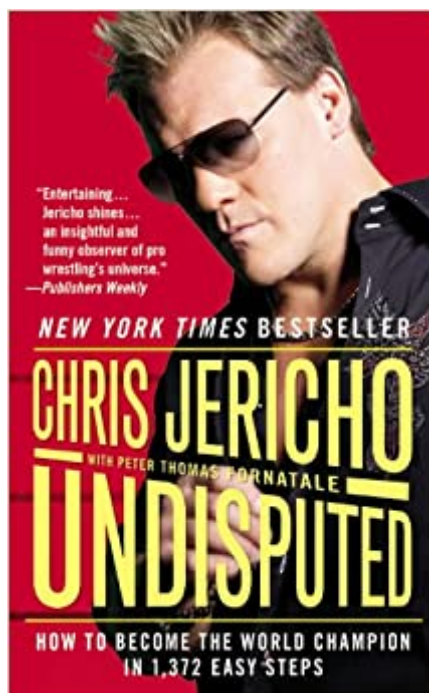


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Undisputed: How To Become The World Champion In 1,372 Easy Steps



Synopsis

THE NEW YORK TIMES BESTSELLER "Entertaining . . . an insightful and funny observer of pro wrestling's universe." - Publishers Weekly In this insightful, riveting book, Jericho takes us into WWE wrestling arenas around the world as he details his classic rivalries with The Rock, Steve Austin, HHH, Shawn Michaels, and John Cena, along with all the politics and backstage machinations he faced outside the ring. Chris recounts his hilarious escapades of breaking in with the Hollywood elite via doomed auditions, short-lived reality shows, made-for-television movies, and red-carpet interviewing fiascos. Jam packed with CJ's trademark self-effacing humor, one-of-a-kind writing style, and ridiculous random encounters with everyone from Arnold Schwarzenegger, Axl Rose, and Wayne Gretzky to Paul McCartney, and Howard Stern, UNDISPUTED is one of a rare breed—a sequel that might be better than the original.

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Customer Reviews

An entertaining follow-up to their popular book *A Lion's Tale*, international wrestling superstar Jericho and co-writer Fornatale continue their chronicle of Jericho's wild ride through the wacky world of professional wrestling. This book picks up where the earlier book ended—[with Jericho in 1999 joining Vince McMahon's World Wrestling Enterprise, the most important venue in wrestling](#)—and ends with Jericho's return to the ring in 2007 after a two-year retirement. Jericho hilariously details these key years as WWE's resident bad guy. His feuds with WWE's colorful (and colorfully profane) cast, including the likes of X-Pac, Ken Shamrock, Chyna, Kurt

Angle, Chris Benoit, and Christian, are solidly recounted, although most of this will be old news to hardcore WWE fans. But the most interesting stories involve his battles on- and off-stage with such better-known stars as Dwayne "The Rock" Johnson, Stone Cold Steve Austin, and Goldberg—whom Jericho once had run over by a limousine during an episode of WWE's Raw series. It is here that Jericho shines and proves once again that, next to Mick Foley, he is an insightful and funny observer of pro wrestling's absurd universe. (Feb.) (c) Copyright PWxyz, LLC. All rights reserved. --This text refers to an out of print or unavailable edition of this title.

"Entertaining . . . Jericho shines . . . an insightful and funny observer of pro wrestling's universe."—Publishers Weekly
"When it comes to wrestlers writing their autobiographies, Jericho may be the best in the world at what he does."—Baltimore Sun

Jericho's first book the Lion's Tale was phenomenal so I was excited to read this too. There is a bit more personality in this one and some funny stories. I love the insight about his band Fozzy and some looks behind the scenes in dealings with Vince McMahon. He gives great details about matches and storylines. One thing that is annoying is that he talks like he is God's gift to wrestling and then proceeds to talk about matches that didn't go over well or where he straight screwed up. I guess you have to appreciate the honesty and I think his point is that it made him grow to become a better performer. Another thing that can be annoying is that he has to parenthetically editorialize when he uses big words. Otherwise, this is a great, entertaining read and I would purchase his other two books that come after this one.

In Chris Jericho's second book, he covers the time-line of his life after entering the WWE. He talks a lot about the hardships he encountered when realizing that WCW operated a lot less structured than WWE. I found the book to be very humorous, as was the first, with his metal references throughout and side bars indicating that Mick Foley has never beaten him. While most people will buy this with his wrestling career in mind, the book also serves as a reminder of how harsh the music industry is, as Chris covers his time in Fozzy from playing to empty clubs to playing huge festivals. There is also a really cool story about Axl Rose randomly appearing and hanging with Jericho and crew one night that was very interesting. Something I like about Chris' writing is he's not afraid to call things as they happened, and isn't afraid of crushing egg shells with people, and isn't worried about painting a pretty picture of everyone to keep a job. I appreciated his honesty in describing moments with McMahon that had favorable and unfavorable outcomes. One of things I did pick up is the book has

a tone to it when describing Chris Benoit, which he has a whole chapter dedicated to, Chris acknowledges the incident, but at the same time wants to remind the readers of all his friend accomplished, and not let Benoit's entire life be summed up by the murder/suicide. It's a great reminder that aside from the end, Benoit did have a lot of heart for wrestling. Great book, I recommend it for anyone who's a wrestling or metal fan

Chris Jericho is a six time Heavyweight Champion, but his books have proven his is a champion in the literary world as well. He is a dynamic and engaging writer, and Undisputed gives us a candid look at his first run in the WWE - from his, debut to winning the Undisputed Championship, to epic battles with Shawn Michaels and the Rock, to his band Fozzy and up to his break. He tackles every topic from accidentally injuring Chyna to his star making feud with Stephanie McMahon and more. If you are a wrestling fan, this is one book that is not to be missed.

Chris Jericho is regarded as a wrestling great not only for his in ring skill but his ability on the mic. His writing is no different as he feels as if he is simply conversing with his reader throughout the book. Jericho has a lot of insight about the business and his experience with it, so much of what he says is illuminating about his time with the WWE. He's not afraid to lay out the reality of his career as he saw it and at times, it's strange to see how he felt about his career against how the fans perceived him. You really get a sense of Jericho the man as opposed to Jericho the character and his drive to be one of the best. That said, this is not a book exclusively about his wrestling career. As most Jericho fans will know, he is part of a group called Fozzy and much of the book focuses on the growth of his heavy metal band and his exposure to the business. We're exposed to Jericho's honesty about his life, his habits, and his mistakes which makes him appear more human. While I personally found the entire book compelling, wrestling fans may not care too much about the Fozzy sections. Overall, a good read, albeit a quick one. Worth it a discounted price.

Though not as well written as Mick Foley's first couple of books (Foley is undefeated against Jericho in that particular regard), the book is quite fun and full of interesting anecdotes and wrestling insights. Most likely you'll be interested in the chapter about you-know-who, and I can tell you that chapter is pretty gripping. Jericho is probably in a unique position in the world to write about him, having been friends and opponents for so long, and it shows. My only disappointment is that that chapter is so much shorter than it could have been, as Jericho probably can offer unique insights about Benoit's life and work. But looking at it through Jericho's perspective, it's completely

understandable that he chose not to venture too deep into that particular rabbit hole. Writing that chapter must have been a haunting experience as it was.

I wanted to write a review on this before his latest comes out. Simply put, this autobiography is easily one of the best wrestling bios ever written. Definitely top 4. While Foley's 1st book is hands down the holy grail of wrestling bios, and I wish it was available on kindle, this one is pretty damn good as well. I'd say Foley's 1st, Hitman by Bret Hart, Playboy Gary Hart's book, Undisputed by Jericho, and then I'd put Foley's 2nd book. So there's no doubt this new one is going to be just as great. For anyone that loves a good wrestling bio, a Jericho fan, or just someone wanting a good read, I'd definitely go with this one. While the parts about his non-wrestling stuff weren't that interesting, he makes up for it with stories on his 1st yrs in WWE. The Benoit' chapter is worth the price of the book by itself. Trust me, this is by far one of the best books by a wrestler period. Can't wait for his next masterpiece

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